



Athletes

SEARCH



HARINDER PAL SINGH SANDHU

 IND

Squash

Age 29 Born 03/31/1989 CHANDIGARH (INDIA)

Height 172 CM / 5'8" Weight 65 KG / 143 LBS

Medals

G (Gold)	S (Silver)	B (Bronze)
0	0	1

Biography

Beginning

He took up the sport as a student at Yadavindra Public School in Mohali, India. (5sports.co.in, 01 Jan 2015)

Training

He trains at the Indian Squash Academy [ISA] in Chennai, India. (hindustantimes.com, 16 May 2018)

Ambition

To win a medal at the 2018 Asian Games in Indonesia. (hindustantimes.com, 16 May 2018)

Memorable

Winning gold at the 2014 Asian Games in Incheon, Republic of Korea. (5sports.co.in, 01 Jan 2015)

Hero

Indian sprinter Milkha Singh, French squash player Thierry Lincou. (hindustantimes.com, 16 May 2018)

Injuries

A swollen tooth forced him to withdraw from the 2017 World Doubles Championships in Manchester, England. (hindustantimes.com, 16 May 2018)

Languages

English, Hindi, Punjabi

Hobbies

Listening to music, watching documentaries. (gc2018.com, 01 Jan 2018)

Highlights

Rank	Event	Year	Location
	Asian Games		

Rank	Event	Year	Location
1	Team	2014	Incheon, KOR
3	Team	2010	Guangzhou, CHN
9	Singles	2014	Incheon, KOR
World Games			
17	Singles	2013	Cali, COL
World Championships			
33	Singles	2017	Manchester, GBR
33	Singles	2015	Seattle, WA, USA
World Team Championships			
7	Team	2017	Marseille, FRA
7	Team	2013	Mulhouse, FRA
8	Team	2011	Paderborn, GER
World Doubles Championships			
3	Doubles X	2016	Darwin, NT, AUS
5	Doubles M	2016	Darwin, NT, AUS
Asian Individual Championships			
3	Team	2010	Chennai, IND
5	Singles	2017	Chennai, IND
9	Singles	2015	Kuwait City, KUW
South Asian Games			
1	Team	2016	Guwahati, IND

Rank	Event	Year	Location
3	Singles	2016	Guwahati, IND
3	Singles	2006	Colombo, SRI
Commonwealth Games			
5	Doubles X	2018	Gold Coast, QLD, AUS
17	Singles	2018	Gold Coast, QLD, AUS
World Ranking (as of 01 Aug 2018)			
59	Singles	2018	

Social

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